



# La atención primaria es lo primero

Summary Report 2021

## About us

Médicos del Mundo Spain, which is part of the International Network of Doctors of the World, is an independent association that pursues the compliance of the fundamental right to health and the enjoyment of a dignified life for anyone.

### Our goals are:

- To provide help to victims of humanitarian crisis caused by wars or natural disasters and to those people living in poverty in the less developed areas on the planet.
- To attend unprotected people from our social environment.

In addition to take part to help the population we denounce the violations of human rights, especially the restrictions of access to healthcare.

MdM has a firm commitment towards the universalization of humanitarian medicine, conceiving access to health as a right for all people, regardless of origin, race, social or sexual status, or religion.

### Throughout 2021 we have been

958	people associated (361 men and 597 women)	1,029	collaborators (685 privadas y 344 públicas)
1,578	volunteers in Spain ( <b>352</b> men, <b>1 222</b> women and <b>4</b> with other identity)	1,120	hired staff ( <b>534</b> men and <b>586</b> women)
21	volunteers in countries where we develop international cooperation	731	hired staff in countries where we are running international cooperation projects ( <b>430</b> men and <b>301</b> women)
	(8 men and 13 women)	81	humanitarian staff ( <b>34</b> men and <b>47</b> women)
12	volunteers from the EU Aid Volunteers programme (2 men and 10 women)	180	hired staff in regional offices (26 men and 154 women)
65,005	loyal donors ( <b>29,301</b> men, <b>35 088</b> women and <b>616</b> unidentified)	136	people working at the central headquarters ( <b>46</b> men and <b>90</b> women)

# The year 2021 will go down in history for the regression of human rights

Just at the beginning of the year, an assault on the Capitol of the United States of America occurs, so the most symbolic building of the "the world's largest democracy" was seen violated by a large group of people armed with the intention of provoking a coup.

Months later, in Haiti, a country that has not been able to find the minimum of stability since "the purchase of its independence" from France, his fragile state was again battered by the political violence in the form of an assassination of his president who in just a few months was about to end his term.

Nor have things improved in the Sahel, and the withdrawal of the French army from the mythical Timbuktu, in Mali, is an example of the impotence of the countries of the North to stop decomposition of the states and the bankruptcy of the expectations of development of populations that, will resort to migration as a last hope for survival, imposing themselves tortuously, risky, prolonged and uncertain migrant itineraries. Circumstances that already reach more than one hundred million people, some refugees, others in transit and most in unsafe settlements in different parts of the world.

We had to continue fighting the COVID pandemic, while it was found at the same time records of vaccinated people were exceeded every month -although unevenly according to countries' economic potential, -more than 5 million deaths have been reported directly as a result of the disease.

However, the great failure for human rights and progress set in Afghanistan. As a chronicle of death foretold, the Taliban regained absolute power in the country, while the international missions precipitated their departure leaving the population and, above all, Afghan women and girls buried, subdued, violated and annulled under the dark and bloody mantle of the Taliban army and extremist militias. In front of this situation, we can not resign ourselves. We will find, together with other organizations, the way for them to feel the solidarity of other women and civil society organizations, such as Doctors of the World. We want to feel as were own, the brutal violation and aggression to human rights.

### At Doctors of the World, we will be on the good side, forming part and weaving knots of a large protective network and promoter of better health conditions, of the best possible health for

any person as an expression of life and freedom and as a factor of progress and development for communities.

That's why, in 2021 we were there, from our regional headquarters, so that groups and social collectives in vulnerable situations could use us as support and link with the health system.

Also, we worked in Haiti, making good the permanent and significant reminder of Forges: because to remember Haiti is to remember those who cannot rid themselves of misery, injustice, disease, and suffering.

During the year 2021, we maintained our efforts to provide humanitarian aid to the people of Ukraine in Europa, the Saharawi in North-West Africa, the displaced in South Sudan, or contingents of Syrian in the North-East of the country. That is why we will continue, as long as the conflict continues, demonstrating our solidarity with the Palestinian people, and we will be in Central and South America contributing to the improvement and strengthening of their health systems.

The 2021 Report exhaustively (and accurately), includes the participation and effort of Doctors of the World to help populations that, in anywhere we have the ability to go, we will go if they suffer urgent needs for medical care and accompaniment for the protection of their fundamental rights.

**Pepe Fernández Díaz** President of Médicos del Mundo



# In Spain

The **COVID-19 pandemic and the strategies** to control the spread of the virus marked, as in the previous year, our work during 2021, although with some differential factors, such as access to vaccines (but also a certain climate of distrust towards them), the emergence of new variants and the deepening of the social and economic consequences, especially on the most vulnerable populations, the rise of new variants and the deepening of the social and economic consequences, especially on the most vulnerable populations.

People who are homeless, living in poverty, women in prostitution contexts – survivors of gender-based violence – and migrants with precarious jobs or in an irregular administrative situation and with reduced access to health have suffered an increase in the precariousness of their living conditions, racism and hate speech and the gender gap, with a greater feminization of poverty.

Given this challenging context for the intervention of Médicos del Mundo, we deepen our work of coordination, referral and advocacy to referral and advocacy to ensure universal and equitable access to testing, treatment, and vaccines. Our intervention also focused on reducing the vulnerability of these populations, derived from the socio-health crisis.

Mental health, in addition to physical health, was also affected after the pandemic. The main actions with the rights holders were the treatment of the different pathologies, emotional expression, support in family problems and resources of adaptability to the environment, as well as the detection of possible undiagnosed psychopathological disorders and, where appropriate, follow-up to guarantee attendance at mental health devices and to achieve good adherence to treatments.

The realization of the study **"The other** pandemic. The impact of COVID-19 on vulnerable populations", represented one of the



most remarkable milestones of 2021, concluding that previous structural inequalities influenced the way we live the pandemic, expanding the number of people who have needed our support.

From the Female Genital Mutilation prevention program was elaborated in a participatory way, the training pill **"Our health also matters"** aimed at social and health personnel of the national health system to improve the acceptability dimension of the right to health of women survivors of FGM. For its elaboration, the discomforts and feelings of women when they come to consultation were collected.

In May, the Minister of Equality, Irene Montero, and her advisory team held a meeting with representatives of the technical team and volunteers, as well as with some women participating in the Prostitution Program of the regional headquarters in Madrid to know the work we do and our demands to guarantee their rights. After the visit, the report is delivered and that includes the violations of rights with respect to the (non) compliance of the measures contemplated in the Extension of the Contingency Plan against Gender Violence, contributing to increased awareness of the Ministry regarding the minimum living income measures, shortcomings in the implementation of housing alternatives and administrative barriers for women.

First with the economic crisis and then with the pandemic, we discovered that if there was any vulnerable group it was **the elderly in nursing homes.** To defend their right to health, we work along several lines: A) Support for elderly people with economic difficulties, most of them women who live alone or with family responsibilities. In Almeria and Seville, we provide basic food, we provide psychological support, we offered nutritional guidelines and helped them with all the sanitary procedures. B) Support for nursing homes. We implement prevention systems in more than 40 centers in Castilla-La Mancha and Castilla y León, especially in rural areas. C) Training of more than 1,266 professionals.



## In Spain

**105,962** intervention activities (**70,851** social, **22,455** health and **12,656** psychological)

**2,500** students and teachers have participated in awareness activities on human rights violations of migrants, especially the right to migrants, especially the right to health

21,708 people of 97 nationalities have contacted the organization (9,453 migrants, 8,615 in prostitution, 729 for female genital mutilation, 657 drug users and 2,263 homeless people)

**1,515** mental health interventions (**230** telephone psychosocial support, **588** faceto-face psychosocial support, **651** telephone psychological support and **46** face-to-face psychological support)

**591** people receive information on access to social-health resources, **521** on emergency aid, **433** on Minimum Vital Income, **78** on rental aid

**746** people referred to the public network and **126** to the private network

## **COVID-19**

Deliveries: **12,064** food packs, **40,858** of protective materials, **1,405** of blankets, clothes, etc.; **148** of medecines, **7,498** of hygiene kits

155 financial aid

648 coordinating with other entities for distribution

**8,210** educational interventions, **5,362** individual workshops and **1,331** group workshops

**6,733** information and guidance actions on vaccination

**1,461** inter-agency coordination interventions related to vacce access, resources and benefits

**1,496** referrals to the public health system for vaccination, **435** accompaniments related to access to vaccine

**1,707** intercultural mediations to dismantle hoaxes and cultural resistance, offering rigorous information to the population adapted to their needs and cultural specificities

# **International Cooperation**

The world is going through a complex crisis. The deterioration of political, social and economic contexts, especially in certain areas of the planet, has catalyzed the emergence of insurgent groups, whose activity has been increasing in 2021. The military presence, consequently, has also been increased.

The impact of this scenario of violence, which is accompanied by the structural weakness of governments and an increasingly evident climate crisis, falls on the civilian population and generates displacement and major human crises. Burkina Faso, Mozambique, or South Sudan are examples of this reality.

Insecurity and crime are the other faces of the violence in which some countries and regions have settled. Haiti remains mired in a serious crisis, with a direct impact on migratory movements. Not far away, the Mesoamerican migration crisis affects similar causes and consequences. The presence of COVID-19, the geopolitics of vaccines, the increase in inequalities, the boost in sexual and gender-based violence, the elevation in requests for access to mental health and psychosocial services, Diseases neglected by the pandemic, or the efforts made by health workers to combat it are realities that have been part of many countries and regions.

Our work in 18 countries during 2021 continued to be marked by the pandemic and increasing instability, social and political conflicts and socio-economic inequalities, which generated widening gaps between and within countries between areas and social groups. The increase in sexual and gender-based violence required us to strengthen the axis of actions in sexual and reproductive health and mental and psychosocial health. Along with the climate crisis, all these factors caused the displacement of millions of people, men and women,

• From left to right: Palestine / Haiti / South Sudan.



in search of safety and shelter. In this context, the support for the strengthening of health systems, contributing to the elimination of inequalities in the exercise of the right to health for all people (especially the most vulnerable and excluded groups) and the promotion of active and critical citizenship to defend them, continued to set our agenda, both in a Development Cooperation and Humanitarian Action scenario.

As an organization working in countries with fragile or non-existent health systems, our goal during 2021 was to contribute to the resilience of populations, providing care and protection for those who need it most, recovering capacity from affected systems, promoting supportive health systems and comprehensive, strengthening them in quality and acceptability, orienting them towards universal health care and influencing their recovery and the protection of the most vulnerable groups.

## **International Cooperation**

	international development programmes		
	humanitarian action programmes		
<b>18</b>	countries or territories: Saharawi refugee camps in Tindouf (Argelia), Bolivia, Burkina Faso, El Salvador, Guatemala, Haiti, Honduras, Mauritania, Mexico, Mozambique, Sierra Leona, Senegal, South Sudan, Occupied Palestinian Territory, Venezuela, Ukraine		
110 : 1	ssociated national organizations.		
3,793,	241 people directly involved in our programmes		
17,12	5,779 people indirectly involved		



## **International Network**

The International Network of MdM brings 17 organizations together with the aim to provide medical care to people in a vulnerable situation, wherever they may be.

Ärzte der Welt Germany www.aerztederwelt.org

**Médicos del Mundo** Argentina www.mdm.org.ar

**Dokters van de Wereld** Belgium www.doktersvandewereld.be Médecins du Monde Canada www.medecinsdumonde.ca

Médicos del Mundo Spain www.medicosdelmundo.org

**Doctors of the World** United States www.doctorsoftheworld.org Médecins du Monde France www.medecinsdumonde.org

**Γιατροί του Κόσμου** Greece www.mdmgreece.gr

Medici del Mondo Italy www.medicidelmondo.it



ο From left to right and from top to bottom: Γιατροί του Κόσμου Greece / Médecins du Monde Switzerland / Μ



## **International Network**

213

international projects in **57** countries



domestic projects in **17** countries

世界の医療団 Japan www.mdm.or.jp

Médecins du Monde Luxembourg www.medecinsdumonde.lu

**Dokters van de Wereld** Netherlands www.doktersvandewereld.org Médicos do Mundo Portugal www.medicosdomundo.pt

**Doctors of the World** United Kingdom www.doctorsoftheworld.org.uk

Läkare i världen Sweden www.lakareivarlden.org Médecins du Monde Switzerland www.medecinsdumonde.ch

Dünya Doktorları Derneği Turkey www.dunyadoktorlari.org.tr



edeci del Mondo Italy / Dünya Doktorları Derneği Turkey / Médecins du Monde France.



# **2021 Financial report**

### MÉDICOS DEL MUNDO SPAIN

M€ = MILLION EUROS

### HOW DO WE GET OUR FUNDS

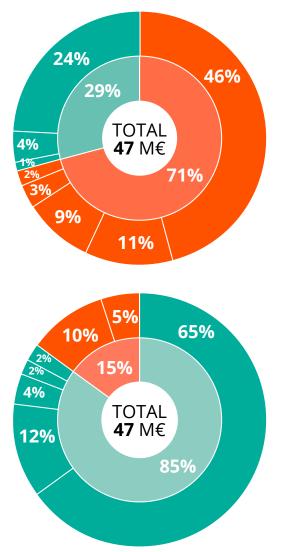
- **PRIVATE 14** M€ (29%)
- 24% Members and collaborators **11,4** M€
- 4% One-off donations 1,7 M€1% Subsidies and private
- entities **0,4** M€
  - **PUBLICS 33** M€ (71%)
- 46% International **21,6** M€
- 11% Regional governments **5,3** M€
- 9% Central government **4,4** M€
- 3% Town and city councils **1,3** M€
- 2% Provincial governments **0,7** M€

### HOW WE SPEND OUR FUNDS

- MISSIONS 39 M€ (85%)
- 65% Development cooperation and humanitarian **30,2** M€
- 12% Social inclusion **5,6** M€
- 4% Association development **1,9** M€
- 2% Mainstreaming, advocacy, and social communication **0,8** M€
- 2% Education for development **0,7** M€

**FUNDRAISING 4,6** M€ (10%)

**ACTIVITY SUPPORT 2,5** M€ (5%)



# What you can do

Your help can change lives. By supporting Médicos del Mundo Spain you are helping to improve health access for everyone, vulnerable, excluded or victims of natural catastrophes, famines, diseases, armed conflicts, or political violence.

### **MAKE A DONATION**

Help us in an ongoing way by making a regular or a temporary donation. You can do this by filling in the simple form at our website **www.medicosdelmundo.org**, by calling **91 567 86 01** or by sending an email to: **ayuda@medicosdelmundo.org** 

### INCLUDE US IN YOUR WILL

Make our world a fairer place. It is very probable that when you decide to do your will you have doubts or questions, that's why we have a legal advice that we put at your disposal without no commitment, free of charge and confidential. It will also be a pleasure assist you if you call us to the 91 543 60 33 or you write us to the email herencias@medicosdelmundo.org In addition, you may download our guide at www.medicosdelmundo.org testamento-solidario

### CONTRIBUTE TO CHANGE UNFAIR SITUATIONS: BECOME A VOLUNTEER

Medicos del Mundo is a voluntary organization, a place for action and participation where you can contribute to change a reality many times unfair. Volunteers are trained, act and mobilise to defend the rights of the most disadvantaged people or those excluded from access to the public health system. To become a volunteer, get in touch with your nearest office or send an email to **voluntariado@medicosdelmundo.org** 

### SPREAD THE WORD

You can also help us by sharing the news of our campaigns amongst your friends, subscribe to our newsletters or send us your comments and suggestions. You can find us on Facebook, Twitter, Instagram, LinkedIn and on our YouTube channel. We would love for you to become part of our community, care to join us?

www.facebook.com/medicosdelmundo.espana
https://twitter.com/MedicosdelMundo
https://www.instagram.com/medicosdelmundoespana
https://www.linkedin.com/company/m-dicos-del-mundo
https://www.youtube.com/user/MedicosdelMundo

You can check the complete memory at: <u>Memoria de Médicos del Mundo 2021 | Médicos del Mundo (medicosdelmundo.org)</u>

# MÉDICOS DEL MUNDO

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### Our guarantees of transparency and quality









